



Mar 2025						
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April 2025						
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May 2025						
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Saydel Lunch

	Monday	Tuesday	Wednesday	Thursday
Week 1	Turkey Gravy w/ Mashed Potatoes Dinner Roll Baby Carrots Diced Peaches	Crispito Fiesta Beans Pepper Strips Mandarin Oranges	Original OR Spicy Popcorn Chicken Hot Mixed Veggies Grape Tomatoes Strawberry Pomegranate Slushie	Eagle Bread Steamed Corn Mixed Fresh Veggies Orange Slices
Week 2	Bosco Sticks Steamed Broccoli Wango Mango Applesauce	Chicken Alfredo w/ Garlic Toast Green Beans Salad w/ Italian Dressing Fruit Cocktail	BBQ Rib Sandwich on WG Bun Potato Wedges Cucumber Slices CherryMojj	Pizza Cruncher Steamed Carrots Mixed Fresh Veggies Blueberries and Strawberries
Week 3	Mozzarella Sticks Corn Celery Sticks and Carrots Sliced Pears	Scrambled Eggs w/ Cinnamon Roll Baja Veggies Fresh Broccoli Diced Peaches	Cheeseburger on WG Bun Baked Beans Carroteenies Berry & Lemon Swirl	Stuffed Crust Pizza Steamed Cauliflower Mixed Fresh Veggies Pineapple

Alternate Entrées : Pre-packaged reimbursable variety of salads, wraps, sandwiches, PBJ Combo/ String cheese, and bento boxes are offered daily. Choice of non-fat white, non-fat chocolate milk and water offered daily. All whole grain products.

Questions or Concerns?
Contact Eric at greeneric@saydel.net

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The 5 Components of a School Lunch

Offer Vs. Serve
Choose 1/2 cup fruit, or 1/2 cup vegetable, or 1/2 cup combination, and at least 2 other components. Choose all 5 for the best nutrition!

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Saydel Alternative Lunch

Week 1	Week 2	Week 3
Rockin Chicken Caesar Salad	Chef Salad	Chicken Bacon Ranch Salad
Bento Box: Hard Boiled Egg, Cheese Cubes and WG Crackers	Pizza Munchable	Italian Combo Sub
PB&J with String Cheese and WG Goldfish Crackers	PB&J with String Cheese and WG Goldfish Crackers	PB&J with String Cheese and WG Goldfish Crackers

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